DAC Aquatic Schedule

Fall/Winter/Spring 2023-24

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	9:15am-10:30am Water Aerobics (3 lanes)		9:15am-10:30am Water Aerobics (3 lanes)		9:15am-10:30am Water Aerobics (3 lanes)	9:15am- 10:30am Water Aerobics (3 lanes)
	8:30am -12:00pm Toddler Swim Lessons (2 lanes)	8:30am -12:00pm Toddler Swim Lessons (2 lanes)	8:30am -12:00pm Toddler Swim Lessons (2 lanes)	8:30am -12:00pm Toddler Swim Lessons (2 lanes)	8:30am -12:00pm Toddler Swim Lessons (2 lanes)	
	12:00pm-1:00pm	12:00pm-1:00pm	12:00pm-1:00pm	12:00pm-1:00pm	12:00pm-1:00pm	
		1:00pm-2:00pm Water Basketball (Lanes 1-4) *If they have enough players		1:00pm-2:00pm POOL CLOSED FOR MAINTENANCE	2:00pm-3:00pm Water Basketball (Lanes 1-4)	
	2:00pm -4:15pm Lap Swim	2:00pm -4:15pm Lap Swim	2:00pm -4:15pm Lap Swim	2:00pm -4:15pm Lap Swim	2:00pm -4:15pm Lap Swim	
	4:15pm-7:15pm DAC Swim Team (5 lanes)	4:15pm-7:15pm DAC Swim Team (5 lanes)	4:15pm-7:15pm DAC Swim Team (5 lanes)	4:15pm-7:15pm DAC Swim Team (5 lanes)	4:15pm-7:15pm DAC Swim Team (5 lanes)	
	7:15pm-11:00pm Lap Swim	7:15pm-11:00pm Lap Swim	7:15pm-11:00pm Lap Swim	7:15pm-11:00pm Lap Swim	7:15pm-11:00pm Lap Swim	